



ATTENDANCE PROCEDURES:

Parents/guardians must notify the Attendance Office within 72 hours to clear a student's absence. All absences, early releases, and appointments must be reported using the [Google Form](#).

Please note that the form must be submitted using the parent/guardian email address registered in Aeries (parents will get a confirmation email).

Students are not permitted to submit the form **UNLESS** they are 18 years old.

You may contact our attendance clerk by email for any questions:

Lisa Kastelan: kastelan@pvpusd.net

The A/B Calendar can be found on the PVHS website in case of any discrepancies.

Please click on the link here: [A/B Cal & Bells](#)

Daily Bulletin:

Friday December 5th, 2025

7:30 - 8:25 Zero Period

8:30 - 10:25 Period 1

10:25 - 10:35 Nutrition

10:40 - 12:45 Period 2

12:45 - 1:15 Lunch

1:20 - 3:15 Period 3

WINTER WEEK

12/5

Frosty Friday
Wear Ski Gear



CLASS Comp SCORES



CSF ANNUAL TOY DRIVE

Donations to benefit the Luskin Children's

Orthopaedic Institute



Nov 17 - Dec 5, 2025

Drop off items to Room 316 or Library

*NEW toys only for children aged infant - 18

Total donation value must equal \$20 for CSF credit.

(*minimum value of individual toys should be \$5--please)

Not a member of CSF but want to spread some holiday cheer? Please feel free to join in the fun and help these deserving children by donating an item.

CSF is sponsoring its annual Toy Drive and is partnering again this year to benefit the Luskin Orthopaedic Institute for Children. Please bring NEW and UNWRAPPED toy items for children aged infant to 18 years to Room 316 or the Library between Monday, 11/17 and Friday, 12/5.

To earn CSF donation credit, the total value of toy donation(s) must equal at least \$20. Bring your CSF Fall Service Log for signature when you donate.

Not a member of CSF but want to spread some holiday cheer? Please feel free to join in the fun and help these deserving students by dropping a toy or two in the donation boxes.



Explore Electives Day is coming up on December 9th during Nutrition. Students are encouraged to stop by and learn about the many elective course offerings available, including Dual Enrollment pathways, internship programs, SCROC classes, and a wide range of classes to consider for your schedule next year. Grab your friends and come explore the possibilities!



The PVHS Bake-Off Club is co-hosting a **Winter Sweets Bake-off** with the library! We invite all Sea Kings to participate. Bake or make your favorite winter sweets and bring them to the library the morning of Monday, Dec. 8. All

participants are invited to the library at lunch that day for tasting and judging! *[With your dish, please provide a 5x7 typed sheet with the dish's name, ingredients & measurements, and a brief write-up of why you love it or what it means to you.]*

[SIGN UP HERE](#)

Beginners welcome!



**knitting
&
crochet**

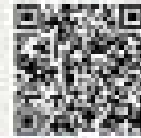
supplies provided!

In the library THURSDAYS @ lunch

Add school spirit to their holiday gift list

HANDMADE CERAMIC MUGS

- ★ Food and microwave safe
- ★ Student made
- ★ Will be personally dropped off at your home
- ★ Contact info: caseydurre@gmail.com



Scan here to
order!



JUST IN CASE YOU MISSED IT!



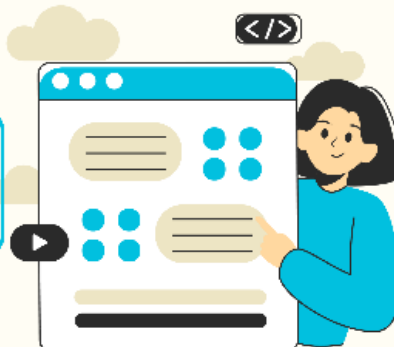
PVPUSD INTERNSHIP WEBINAR

RECORDING NOW AVAILABLE!

Last week we shared everything
students need to know about:

- ☒ Internship Program vs Advanced Internship Program
- ☒ What an Internship is and when students are eligible
- ☒ How to get involved this Summer

Click →
[Webinar Recording + Slides](#)



QUESTIONS



Email your school counselor

Did you catch last week's PVPUSD Internship Webinar? We covered everything students need to know: the difference between the Internship Program and the Advanced Internship Program, what an internship is and when students are eligible, and how to get involved this summer.

Use the hyperlinks below to watch the recording and explore the opportunities!

[Presentation](#)

[Zoom Video Recording](#)



Attention Seniors

Attention Seniors and Senior Parents:

Senior portraits **MUST** be taken through our contracted photographer ([PSS Imaging](#)). Please note that images **WILL NOT** be accepted from any other photographer/company. You have missed the make-up days on campus.

They take in-house appointments at their studio in Anaheim.
Contact information: **PSS Imaging, 1630 S. Sunkist Street, Suite S, Anaheim, 92806** (714) 630-7785 or email at pssimaging@msn.com.

PORTRAITS MUST BE TAKEN BY DECEMBER 19, 2025.

We would love for everyone to be featured in the book, especially during your senior year. Please take care of this as soon as possible or pass this information along to your parent.



PVHS Chinese Lab 中文角



1. Culture Workshops Chinese Culture Club & NCHS

For all PVHS Students/Staff

- Chinese Cultural Education
- Activities & Food
- Monthly Themes

2nd Wednesday @ Lunch

(Once a Month)



**First Meeting
on 11/12!**

Chinese Calligraphy
& Brush Painting

For more information
madeleinengo248@gmail.com
amy.wen26@gmail.com

2. Library NCHS

For all PVHS Students/Staff

- Chinese Books
- Borrow/Read Books
- Monthly Storytime

1st Thursday @ Lunch

(Once a Month)
Tentative start on 12/4

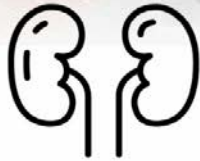
Stay Tuned for Sign Ups

For more information
wein@pvpusd.net

**Location : Room 413
Teacher/Advisor : Ms. Wei**



COUNSELING
Department



ONE-IN-SEVEN
USC X PVHS
PUBLIC HEALTH INTERNSHIP



1-in-7, was created in partnership with the USC Kidney Disease Research Institute and offered exclusively to PVHS students. The name highlights that 1 in 7 people develop kidney disease, impacting over 850 million people worldwide.

- Learn about kidney health and chronic kidney disease
- Create and lead a fundraising campaign to raise money for kidney disease research
- Design and execute a public health campaign
- Network with USC professionals



APPLY NOW – OPEN TO GRADES 10, 11, 12

For further questions, please contact your school counselor!



We are excited to announce a new semester-long Public Health Internship: **1 in 7**, created in partnership with the **USC Kidney Disease Research Institute** and offered exclusively to PVHS students. The name highlights that 1 in 7 people develop kidney disease, impacting over 850 million people worldwide.

Application Deadline: **December 12, 2025, at 11:59 pm PST**

In this internship, students will learn about:

- Kidney health & chronic kidney disease
- Public health campaign design
- Fundraising & event planning
- Legislative advocacy & community education
- Working with USC faculty, researchers, and college students

Program Structure:

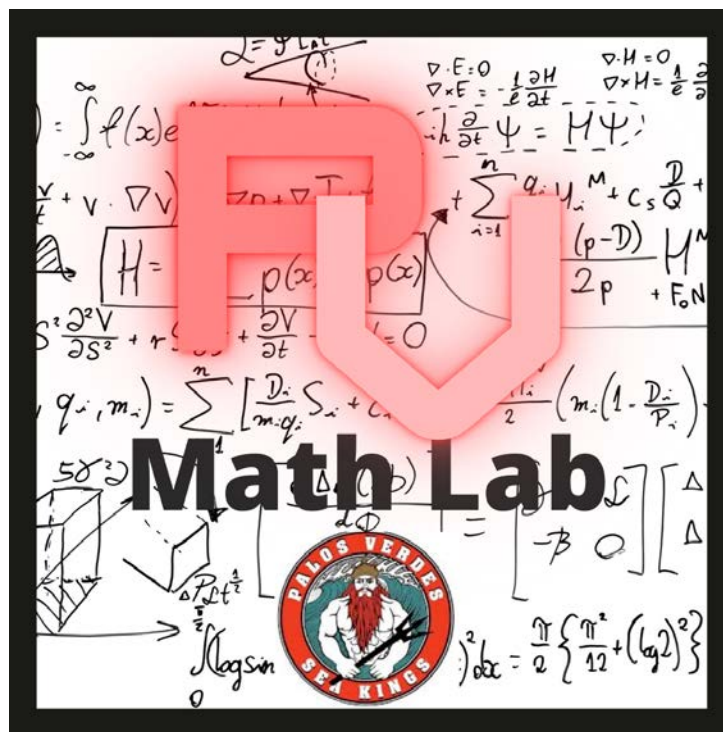
- 1) **Weekly lunch meetings** with guest speakers (USC researchers, public health professionals, advocates)
 - 2) **Three USC field trips** focused on lab education, collaboration, and project development
 - 3) **Group public health project** with a final presentation
- Internship Runs: **January 12, 2026 - May 7, 2026**

Open to Grades 10, 11, 12.

This internship will be approximately **20 hours a month**, including asynchronous group work, lunch meetings, and field trips.

To apply, scan the QR Code above! Space is limited.

Questions? Email your counselor!



Math Lab:

Students - Do you need extra help in Alg 1, Geom, Alg 2, or Pre Calc? Come to Math Lab on **Mondays and Tuesdays at lunch in Room 407** to get free peer tutoring in math! Students in regular math classes receive extra credit for attendance at Math Lab! Don't miss out on this great opportunity to get your questions answered and feel more confident in your math class! Math Lab runs every **Monday and Tuesday at lunch in the Fall Semester, starting September 22!**

If you have any questions, please see your School Counselor.

Spanish Lab:

Are you in Spanish 1 or 2 and feel like you could use some extra help? Spanish Lab is the answer! Spanish Lab meets **every Thursday at lunch in room 412**. Get peer tutor help from AP Spanish students and receive extra credit for

attendance! **Spanish Lab** runs weekly on Thursdays in room 412 or the Fall Semester, starting September 25.

If you have any questions, please contact your School Counselor.



2025-2026 Counseling Office Directory

D.J. Hill, Associate Principal

Hilld@pvpusd.net

310-378-8471 x43204

Student Last Name	Counselor	Ext	E-mail
A-C	Kim Gill	43246	gillk@pvpusd.net
D-H	Annie Kim	43217	kima@pvpusd.net
I-Mc	Kristen Nelson	43293	nelsonk@pvpusd.net
Me-R	Amanda Smith	43218	smitha@pvpusd.net
S-Z	Heidi Shulman	43220	shulmanh@pvpusd.net

Counseling Office	Ext	E-mail
Geraldine Machi Counseling Administrative Assistant	43238	machi@pvpusd.net
Karen Mills Registrar	43208	millsk@pvpusd.net
Andrea Webster SPED Clerk	4320	websterr@pvpusd.net
School Psychologist	Ext	E-mail
Tommy Nunan	43215	nunant@pvpusd.net
Elizabeth Avile	43216	avilese@pvpusd.net
Rachel Rule Special Education TOSA	43214	ruler@pvpusd.net
SAGE Therapists	Ext	E-mail
Ms. Allison Hardesty	43216	hardestya@pvpusd.net
Ms. Francesca Kagy-Lauro	43213	kagylaurof@pvpusd.net
College and Career Center	Ext	E-mail
Joanne Lewis CCC Director	43618	lewisja@pvpusd.net
Teresa Hoffman Scholarships & Financial Aid Director	43347	hoffmant@pvpusd.net
LAHC	Ext	E-mail
Monica Hamilton	43218	hamiltonm@pvpusd.net



ATTENTION PVHS high-achieving juniors with financial need!

You are invited to apply to the USC Bovard Scholars Summer Program 2026

Do you or someone you know fit these requirements?

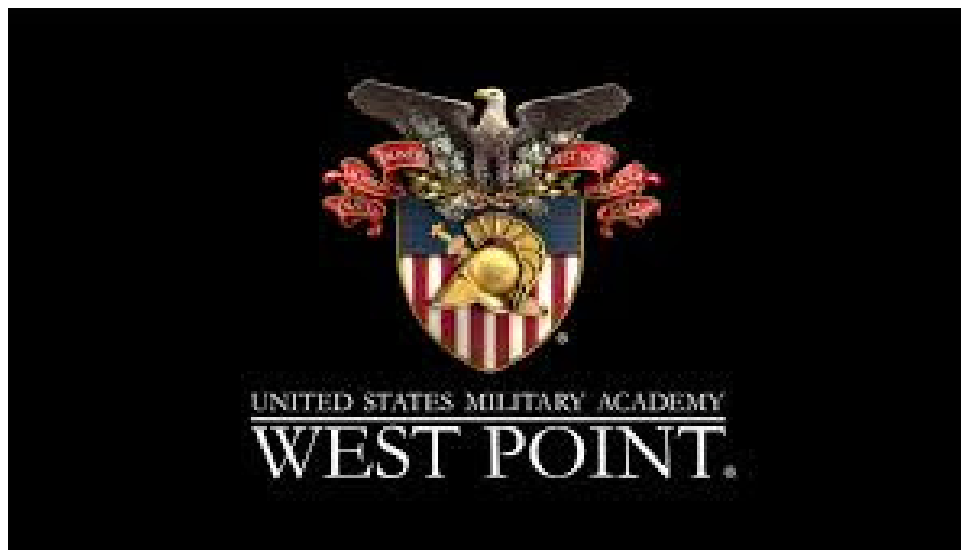
- **Junior in high school (11th grader) at time of application**
- **Currently hold a 4.0 GPA or above**
- **Enrolled in Algebra II, Trigonometry or above**
- **Demonstrate financial need**

If so, you are eligible to apply.

This year, the summer intensive runs from **July 13, 2026, through August 1, 2026. USC offers this program at no cost to students or families!**

Applications are due January 16, 2026, at 5:00 pm PST.

Apply Now



Students and families are cordially invited to an admissions event for the **United States Military Academy**. This is a unique opportunity to learn more about West Point, life as a Cadet, and the application process. Register to reserve your place for this great opportunity to learn more about the Academy, whether it is the right fit and how you can apply.

- **Date: Wednesday, December 17, 2025**
- **Time: 6:30 PM**
- **Location: Lawndale High School / [14901 Inglewood Ave](#)
[Lawndale, CA 90260-1251](#)**

[REGISTER HERE!](#)

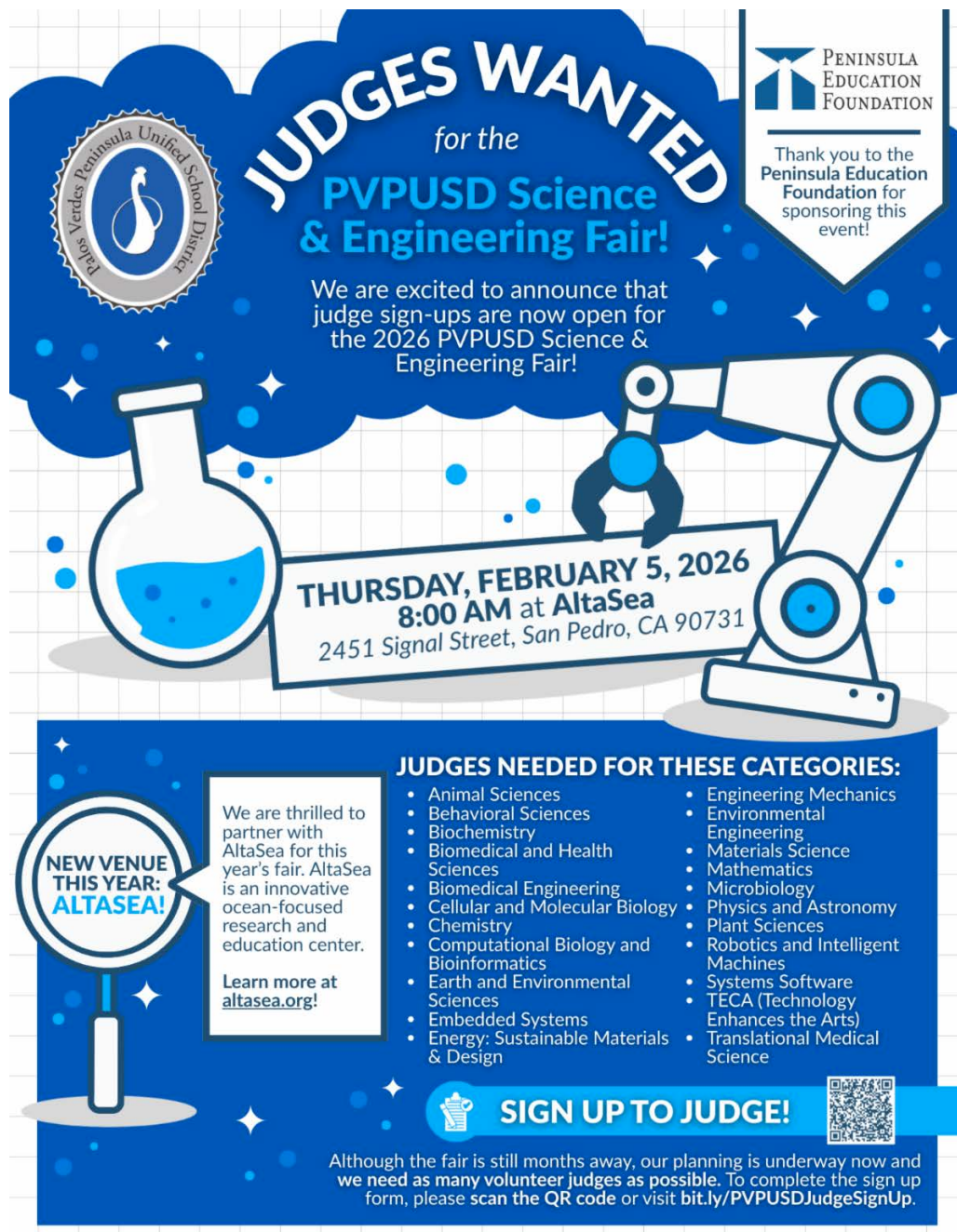
During the Admissions Presentation, learn:

- 1. What West Point Offers:** Learn why West Point stands as a premier institution for leadership development, academic excellence, and character growth.
- 2. Life as a Cadet:** Gain insights into the daily life of a West Point Cadet, including academics, athletics, and leadership training.
- 3. The Application Process:** Understand the steps to apply to West Point and gather valuable tips to enhance your application.

Space is limited, so be sure to secure your spot at the event and register as soon as possible.



Palos Verdes Peninsula
Unified School District



JUDGES WANTED
for the
PVPUSD Science & Engineering Fair!

We are excited to announce that judge sign-ups are now open for the 2026 PVPUSD Science & Engineering Fair!

THURSDAY, FEBRUARY 5, 2026
8:00 AM at AltaSea
2451 Signal Street, San Pedro, CA 90731

JUDGES NEEDED FOR THESE CATEGORIES:

- Animal Sciences
- Behavioral Sciences
- Biochemistry
- Biomedical and Health Sciences
- Biomedical Engineering
- Cellular and Molecular Biology
- Chemistry
- Computational Biology and Bioinformatics
- Earth and Environmental Sciences
- Embedded Systems
- Energy: Sustainable Materials & Design
- Engineering Mechanics
- Environmental Engineering
- Materials Science
- Mathematics
- Microbiology
- Physics and Astronomy
- Plant Sciences
- Robotics and Intelligent Machines
- Systems Software
- TECA (Technology Enhances the Arts)
- Translational Medical Science

NEW VENUE THIS YEAR: ALTASEA!

We are thrilled to partner with AltaSea for this year's fair. AltaSea is an innovative ocean-focused research and education center.

Learn more at altasea.org!

SIGN UP TO JUDGE!

Although the fair is still months away, our planning is underway now and we need as many volunteer judges as possible. To complete the sign up form, please scan the QR code or visit bit.ly/PVPUSDJudgeSignUp.

We would like to remind our school communities and families/guardians to assess common signs and symptoms of seasonal illnesses such as COVID-19 and Hand Foot Mouth Disease (HFMD). Respiratory Illnesses, Flu, COVID-19 transmission, and HFMD peak in the summer and fall but can be seen at any time of the year. For the well-being of all our school community, please keep your student at home if your student is too sick to come to school. Please review Guidance for Symptoms and When to Stay Home on the district website.



Guidance for Schools: Common Signs & Symptoms



This document is intended to support decision-making for schools and childcare centers when an individual child is displaying signs and symptoms of illness.

Below are suggestions for when to keep your child home when they are not feeling well. Contact a health care provider if your child needs medical care. A doctor's note is generally not required to return to school or child care. For more information, please visit [the CDPH guidance page](#).

This document:

- **does not** replace the advice of a licensed healthcare provider, nor does it revise guidance related to an individual child's known medical condition or existing IEP, Section 504 plan, or IFSP plan.
- **is not** a diagnostic tool. Related symptoms may inform exclusion decisions, but school staff should not attempt to diagnose.
- **does not** replace or revise applicable laws or other requirements.
- **does not** address specific disease outbreaks, when recommendations and public health requirements for exclusion may be more strict.
- **is limited to** consideration of symptoms as evidence of infection, and does not include considerations for other causes of symptoms such as allergies, toxin exposure, and child abuse or neglect.
- **should be used** within the context of an individual student's health and behavior history.

Symptom	When should my child stay home and when can they return?
Overall, not feeling well	STAY HOME IF any new illness or symptom prevents a child from participating meaningfully in routine activities. Please note that a child with multiple symptoms is more likely to be contagious. Recommendations for all applicable symptoms should be considered.
Fever	STAY HOME IF a fever is 100.4°F (38°C) or higher. RETURN WHEN fever went away over the night and is gone in the morning without the use of medications such as Tylenol®, Advil®, or Motrin® (acetaminophen or ibuprofen). If fever is accompanied by additional symptoms, follow all symptom-specific guidelines.
Respiratory Virus Symptoms (cough, stuffy / runny nose, sneeze)	OK TO ATTEND WITH MILD SYMPTOMS. Children should test for COVID-19 before attending school, wear a mask for 10 days from symptom onset, and follow COVID-19 guidance . STAY HOME IF symptoms are accompanied by fever or if child has significant nasal discharge (ie. interfering with their ability to participate in school and/or can't be contained without contaminating other children or staff). SEEK MEDICAL ATTENTION for severe symptoms, including a bad cough, difficulty breathing or trouble catching their breath, or wheezing when not controlled by medication (like albuterol). RETURN WHEN child has been fever-free for 24 hours without the use of fever reducing medication and other symptoms are improving.

It's More Than Free Meals!

All PVPUSD students can enjoy free breakfast and lunch daily through California's Universal Meals Program, but completing a Free and Reduced Meal Application still matters! Submitting the form may help families qualify for additional benefits such as reduced exam fees, discounted internet services, and college application savings while also providing essential funding that supports our schools.



PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT

IT'S MORE THAN FREE MEALS

FREE & REDUCED LUNCH APPLICATION

All PVPUSD schools will offer FREE daily breakfast and lunch this year through the California Universal Meals Program!

DID YOU KNOW?

Even though meals are free for all students, families are **strongly encouraged** to complete a Free and Reduced Meal application. Submitting an application may help your family qualify for additional benefits and provides important funding for schools.

COMPLETE THE APPLICATION TODAY!

To learn more and apply, scan the QR code or visit pvpusdschoolnutrition.net.



ELIGIBILITY FOR THE FREE AND REDUCED MEAL PROGRAM CAN PROVIDE...

 College application fee discounts

 Affordable internet and wireless services

 Additional funding for your child's school

 Access to EBT benefits

 Discounts on SAT, ACT, and AP exam fees

 Subsidized before and after school care for TK-6



PVHS PTSA MEETINGS

Meeting Topics & Activities
2025-26

All Meetings to occur at 9 am in the PVHS MPR

September 30, 2025

Celebrating our District & PVHS!

Guest Speaker:

Dr. Devin Serrano, PVPUSD Superintendent
District & PVHS Academic Highlights
Athletic Program Overview
Student Involvement on Campus
Student Clubs, MUN, Mock Trial, PVIT,
Capitol Convoy, Debate Team and more!

February 24, 2026

Leadership & Activities @ PVHS

ASB
Red Tide
Be the Change
Live from 205
PV Board Member Student Council

October 28, 2025

Academic Counseling Updates @ PVHS **Student Balance & Mental Wellness**

Guest Speaker:

Linda Meier Abdelsayed, LMFT
SAGE Counseling Services

March 24, 2026

College Readiness @ PVHS

PVHS Musical Drama Performance
College & Career Center Updates
Student Scholarship Information
College Readiness Next Steps

November 18, 2025

Drug Awareness & Safety @ PVHS

Guest Speakers:

Michael Keuler, Drug Enforcement Agency
PVE Police Department
PVHS Security Staff

April 28, 2026

Engineering & Research @ PVHS

PVIT & Robotics Teams
Science Pathways & Course Offerings
Science Research
AP Research & Capstone
PVHS Library Services & Research

January 27, 2026

Academic Counseling @ PVHS

Student Course Scheduling
Student Academic Pathways
AP vs. Honors vs. Dual Enrollment
Dual Enrollment Opportunities:
SCROC & Harbor Community College

Can't Make It?

Participate Virtually

[https://us02web.zoom.us/j/88620741188?](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTmMpqq6iFbCHNBDTmO.1)
[pwd=SBjnWmA6A2OdTmMpqq6iFbCHNBDTmO.1](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTmMpqq6iFbCHNBDTmO.1)

*All are Welcome to
Participate & Learn!*

ARE YOU READY FOR IT?



*We Are Sea King
Family!*
pvhs ptsa

PVHS Spirit Wear Purchase

Link: www.memberplanet.com/s/pvhigh/25-26spirit_wear

**GOT SPIRIT?
WE WANT TO SEE IT!**

KNIT V-NECK:



NEW: ¼ ZIP LIGHTWEIGHT KNIT



Purchase Here



Get them while they're hot!

Wear your specialty, one-of-a-kind Newport Knits sweater to ALL of PVHS sporting events this year! Limited sizes and inventory available! Sweaters available in:

- Black V-Neck
- Black Crew Neck
- Black ¼ Zip Lightweight Knit
- White V-Neck

Newport Knits
EST. 2002

PVHS SPIRIT WEAR

2025-2026



**PURCHASE
HERE**



PVHS SPIRIT WEAR

2025-2026

Baby it's cold outside...



BLANKET

We have Blankets!



**PURCHASE
HERE**



FEEDBACK *Requested*



Partnership

Palos Verdes High School PTSA knows that a strong partnership among our families, school leaders and community members is important to the success of our students and school.

That's why we are participating in the National PTA School of Excellence program.

Participation

WE NEED YOUR HELP!

Your feedback will help us improve our family-school partnership and continue to achieve excellence.

Please take 5-10 minutes to reflect on your experience at PVHS and complete this anonymous survey.



**Complete the survey
by Nov. 21**

National PTA School of Excellence Survey:

The **Palos Verdes High School PTSA** knows that a strong partnership among our families, school leaders and community members is important to the success of our students and school. That's why we are participating in the National PTA School of Excellence program, which grows partnerships between PTAs and schools to enrich the educational experience and overall well-being of all students.

We need your help! As part of the process outlined by National PTA, we are requesting feedback using the National School of Excellence program survey. Using the community feedback, we will build an Excellence Action Plan to strengthen family-school partnerships.

Please take 5-10 minutes to reflect on your experience at this school and complete this survey. Please complete this survey by **November 21, 2025**.

SURVEY LINK: <https://docs.google.com/forms/d/e/1FAIpQLSfFkJUzJoaw-ifYK7CIXGZVhM3WeummF7mOaR1iDvDxhh-Ing/viewform?pli=1>

CONGRATULATIONS!
PVHS Reflections Winners 2025-26

<u>Photography</u> AWARD OF EXCELLENCE <i>"Reflections of Us"</i> by Colleen Elliott AWARD OF MERIT <i>"Iguana Belong"</i> By Micah Presser HONORABLE MENTION <i>"Coast Walk"</i> By Jack Deane	<u>Visual Arts</u> AWARD OF EXCELLENCE <i>"Friendship"</i> by Alice Emelianova AWARD OF MERIT <i>"Dance on a Saturday"</i> by Grace Goepner HONORABLE MENTION <i>"Endless sunset"</i> by Avery Andersen	<u>Literature</u> AWARD OF EXCELLENCE <i>"Amongst the Flames and Stars"</i> by Evalyn Yu AWARD OF MERIT <i>"I Belong to Reading"</i> by Ishir Gaur HONORABLE MENTION <i>"A Spirit Indomitable"</i> by Alegria Ajar & <i>"Together But Alone: The Problem with Belonging"</i> by Allison Lee
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"Award of Excellence" winners will be moving forward to the district competition and will be displayed at the Malaga Cover Library for the PVP Council of PTAs Reflections Art Reception on 12/09/25 from 4pm-6pm. District winners will be announced at 5pm.



Click [HERE](#) to join the Booster Club.



PENINSULA
EDUCATION
FOUNDATION

**Elevating Education
Together**

PVPEF.ORG



**YOUR SUPPORT MAKES IT POSSIBLE FOR OUR
CHILDREN TO RECEIVE AN EXCELLENT EDUCATION!**

California ranks among the lowest in the nation in public school funding. With the passage of Prop. 13 in 1978, the funding methods for education in California were turned upside down. Now, after all this time, our public schools remain underfunded.

Your donation to PEF funds critical programs, staff and teachers that strengthen the academic journey of all PV High students:

COUNSELORS
STEM PROGRAMS
TEACHER GRANTS
COLLEGE AND CAREER CENTER STAFF
HIGH SCHOOL SCIENCE & ENGINEERING FAIR
AND MORE!

**Our goal is 100% family participation.
Please donate at whatever level is possible for you.
Every donation makes a difference!**



ACEING AUTISM PALOS VERDES

VOLUNTEERS NEEDED

How You Make A Difference

- Provide one on one support to athletes
- Encourage & engage athletes' social skills
- Build a safe, reliable environment for athletes
- Teach tennis skills
- **Training is provided!
No tennis experience required.**

We offer weekly tennis clinics for **children & teens with autism**. Volunteers are paired up with a participant, hopefully for the duration of the session and beyond!



Step 1: Click or scan to register and join our Palos Verdes, CA Group



Step 2: Click or scan to sign up & share the dates you will attend as a volunteer

ACEing Autism is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.



Location: Palos Verdes Tennis Club
Fall Session: Sundays 3:00-4:00 pm
September 28, October 5, 12, 19, 26, November 2
Contact: palosverdes@aceingautism.org



ASSISTEENS



TRANSFORMING LIVES AND
STRENGTHENING COMMUNITIES

Join Us For Our Membership Information Meeting

Saturday, January 24, 2026 11:30 am - 1:30 pm
OR

Tuesday, February 3, 2026 7:00 pm - 8:00 pm
RSVP by January 16, 2026

AssisteensMemberships@gmail.com

A volunteer organization for young ladies and men who will
be rising 7th-11th graders in 2026-2027

BECOME A PART OF A TRADITION

SERVING THE SOUTH BAY SINCE 1936

**ASSISTEENS IS A CERTIFYING ORGANIZATION FOR THE
PRESIDENTIAL SERVICE AWARD. OUR MEMBERS WORK TOGETHER
TO FOSTER A SENSE OF PERSONAL AND COMMUNITY
RESPONSIBILITY WHILE DEVELOPING POISE, SELF-RELIANCE,
PUBLIC SPEAKING, AND LEADERSHIP SKILLS THROUGH
PHILANTHROPIC ENDEAVORS**

Assistance League Chapter House
1441 West 8th St, San Pedro

Assisteens is not related to, endorsed by, or sponsored by the
Palos Verdes Peninsula Unified School District

Palos Verdes High School | Website



Palos Verdes High School | 600 Cloyden Road | Palos Verdes Estates, CA 90274 US

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Try email marketing for free today!